



LIONESS OF A-1 Purr-r

May 2011 Lioness of A-1 15 Clubs



A-1 Lioness President

Lioness Martha Berze
28 Mill Manor Place
Delaware, ON N0L 1E0
519-652-1369
marthab@rogers.com
Club: Delaware

A-1 Lioness IPP

Lioness Paula Bax
R. R. #5
Parkhill, ON N0M 2K0
519-232-4493
Club: London East

A-1 Lioness Vice President

Lioness Ruby Hunter
R#2, 5068 Dorchester Rd
BELMONT, ON N0L 1B0
519-269-3095
email: rhunter@wmic.ca
Club: Springfield

A-1 Lioness Secretary

Lioness Trudy Brown
R.R.#1, 794 Talbot Trail E.
WHEATLEY, ON NOP 2P0
519-825-3054
email: trudybrown4@sympatico.ca
Club: Wheatley

A-1 Lioness Treasurer

Lioness Mariette Desjardine
470 Petersen Avenue
STRATHROY, ON N7G 4L5
519-205-0437
email: marietted@rogers.com
Club: Mount Brydges



President Martha's goals: To support the goals of District Governor Lion John Ross
President's Projects: "To support the homeless via either the Salvation Army or Mission Services of London"
& "Pillowcases for Con Kerr Cancer"



President's Note



Fellow Lioness

The Convention was another success. I hope everyone had a good time. I regret not being able to attend the Spring Rally hosted by Mount Brydges but I understand it was great. Thank you Mount Brydges.

Looks like we have summer on its way and the next thing you know it will be time for our wrap up Cabinet Meeting on June 26th at the Delaware Legion. All the clubs are very busy and I thank you for making the effort to come out to the Cabinet meeting and the Rally. Your support is very much appreciated. See you in June.

District A-1 President
Lioness Martha Berze

Lioness of A 1



I would like to Thank President Martha for her help and support and to all Lioness that where able to attend the 36th Annual Convention. I hope you all enjoyed.

The year is quickly passing and you as Lioness have given Bonnie and I some treasured memoirs. The work you do in your communities, district and globe make an impact on the lives of women around the world. It has been said "The awesome power of a woman". That statement is so true.

Congratulations to Lioness Ruby for moving forward, and to all Lioness that have the strength and courage to be leaders. It will be the fastest year of your life and most rewarding.

I look forward to these next 3 months left as District Governor and again I want to "Thank you" for making my year, a year to remember.

DG John & Bonnie

**DISTRICT A-1 APPOINTED OFFICERS**

EYES RIGHT Lioness Sherry Wismer R# 1, PORT STANLEY, ON N5L 1J1 519-782-3869 wismer@sympatico.ca Club: Port Stanley	LIONS FOUNDATION OF CANADA Lioness Bev Filewood 507 West Edith Cavell Port Stanley, ON N5L 1G8 519-782-4308 bevfilewood@rogers.com Club: Port Stanley	MEMBERSHIP Lioness Liz Cavanagh 213 John St. S. Aylmer, ON N5H 2C9 519-765-2229 cavanagh@amtelecom.net Club: Aylmer
SENSORY CONSERVATION Lioness Paula Bax R.R. 5, 27031 Coldstream Rd. Parkhill, ON N0M 2K0 519-232-4493 Club: London East	SOCIAL SERVICES Lioness Beth Ann Connor 411 Tower Heights Drive Port Stanley, ON N5L 1G2 519-782-7538 Club: Port Stanley	TACTILE TALES Lioness Martha Berze 28 Mill Manor Place Delaware, ON N0L 1E0 519-652-1369 marthab@rogers.com Club: Delaware
YOUTH & SUBSTANCE ABUSE PDP Lioness Arla Walsh 127 Compton Cres. London, ON N6C 4E9 519-681-0443 awalch55@yahoo.ca Club: London Central	LIONS HOME FOR THE DEAF PPMDA Lioness Anna Giles R# 1, 22282 Pratt Siding Road GLENCOE, ON N0L 1M0 519-693-4633 fax 519-693-4610 amgiles@explornet.com Club: Glencoe	CONVENTION PDP Lioness Rosemary Kennedy R# 4, AYLMER, ON N5H 2R3 519-773-2751 (H) 519-644-1663 x238 (Bus) rkennedy@wmic.ca Club: Springfield
ADVISORY COMMITTEE & BULLETIN CHAIR PPMDA Lioness Carrol Vincent (chair) 519-246-9948 + all past district presidents + elected executive	FINANCE COMMITTEE Treasurer- Mariette Desjardine Past Treasurer - Marion Wintermute President - Martha Berze Past Chair - Paula Bax 3 from Advisory: PPMDA Ev Crisp PDP Darlene Priestley PDP Rosemary Kennedy	PURR EDITOR Lioness Mariette Desjardine 470 Petersen Avenue STRATHROY, ON N7G 4L5 519-205-0437 marietted@rogers.com Club: Mount Brydges

DISTRICT A-1 LIONS**A-1 DISTRICT GOVERNOR**

Lion John Ross (Bonnie)
RR#3, 22037 Fairview Rd.
Thorndale, ON N0M 2P0
519-461-0955
lionjohn@bell.net
Club: Thorndale

**LIONESS CHAIR
REGION 1**

Lion Robert Sylvestre
391 Oak St. Box246
Stoney Point, ON N0R 1N1
519-798-3088
rsylvestre007@explornet.com
Club: Stoney Point

**LIONESS CHAIR
REGION 2****LIONESS CHAIR
REGION 24**

Lion Mike Tuxford
208 George St.
Lucan, ON N0M 2J0
519-227-2252
takeagander2002@yahoo.ca
Club: Granton

LIONESS CLUBS OF MD "A"**LIONESS PRESIDENT OF MD'A'**

Lioness Theresa McLaughlin
302694 Douglas St. Box 9
Durham, ON N5Y 4S5
519-369-6654
terim@bell.net

LIONESS VICE-PRESIDENT OF MD"A"

Lioness Kelly Moore
Box 708
Minden, ON K0M 2K0
705-286-3377
kellymoore61@gmail.com

MD"A" ADMIN. ASSISTANT

PPMDA Lioness Anna Giles
RR # 1, 22282 Pratt Siding Rd.
Glencoe, On N0L 1M0
519-693-4633
amgiles@explornet.com

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May 2011



The Lioness Ode

*O Lord, Thy blessings now let fall
Upon Thy Lioness as we call!
May all our ties of friendship be
Forever strengthened, Lord, by Thee.*

Lioness Prayer

*Lead us each from day to day
In Thy light, Thy holy way
Onward ever so that we
Nearer to Thy cross shall be
Even guide the work we do,
So that we (though very few)
Serve mankind, reflecting You.*

Lioness Prayer (2)

*Help me to do my Lioness' share
Make me courageous, strong to bear
Sunshine or shadow in each hour
A good Lioness by Thy Great Power.*



***We are sad to report that Lioness
Kathleen Sweeney
of the London East Lioness club
passed away the morning of April
27, 2011***

Lioness Blessing

*Bless our friends, bless our food
Come O Lord and sit with us
Let our talk glow in peace
Come with your love and surround us
Friendship and peace may they bloom and grow
Bloom and grow forever
Bless our friends, bless our food
Bless our Lioness forever.*

Fun in Lioness

Let us always remember that Lionism should be full of fun and laughter as it is full of hard work, because this is how we become Friends. And it is as friends that we will be most successful in reaching our goals

Lioness Grace

Let us give thanks unto God
Imploring His Blessings
Upon the Lioness Club and ourselves
Now may this food strengthen us
For greater service to Him and the needs of others.
Amen.





Guacamole with Rice Crackers

Makes 8 servings.

INGREDIENTS

2 ripe avocados
Juice of a lime
1/8 tsp (0.5 mL) ground cumin
1 tbsp (15 mL) cilantro, finely chopped
2 tbsp (25 mL) red onion, finely chopped
1/8 tsp (0.5 mL) salt
Pepper to taste
40 unsalted rice crackers

DIRECTIONS

1. In a large bowl, mash avocado with a fork.
2. Add the cumin, cilantro, red onion, salt and pepper. Mix together.
3. Transfer to a serving dish and serve with rice crackers.



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Strawberry and Pomegranate Pannacotta

Makes 6 servings.

INGREDIENTS

1 cup (250 mL) 2% milk
1/2 cup (125 mL) 1% buttermilk
1/2 cup (125 mL) fresh pomegranate juice
1/4 cup (50 mL) sugar-free, seedless strawberry jam
1 envelope plain gelatin (enough to set 2 cups / 500 mL)
3 cups (750 mL) fresh strawberries, sliced
Fresh pomegranate seeds (optional)

DIRECTIONS

1. In a medium bowl, combine milk, buttermilk, juice and jam.
2. Make gelatin according to package instructions. Whisk into the milk mixture.
3. Pour into six ramekins and let set in the fridge for at least 3 hours or overnight.
4. To remove the pannacotta from the ramekins, place the ramekin into very hot water for 1 minute. Run a sharp knife along the inside edge of the ramekin and invert onto the individual serving plate.
5. Garnish with fresh strawberries and pomegranate seeds (if using).



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May 2011



Please mail or email your
upcoming events to me by
the 15th of the month

Mariette Desjardine
470 Petersen Ave.
Strathroy, On N7G 4L5
marietted@rogers.com
519-205-0437

District events

May 26-29, 2011 MD"A" Convention Ottawa, On

May 27th, 2011 Ladies Nite Out —Aylmer Lioness

May 25/26 Deaf Children's Festival. INFO btuxford@sympatico.ca Lion Barb Tuxford

May 29/11 Port Stanley LFC Walk for Dog Guides

June 26/11—Cabinet meeting—Delaware



Clowning around with the Mt. Brydges Lioness

A good
time was
had by all



A 1 District Spring Rally



LIONESS OF A-1 Purrr-r
May 2011

DATE: JUNE 26, 2011

**PLACE: DELAWARE LEGION
11577 Longwoods Rd, Delaware, ON**

MUFFINS & COFFEE 10:00 A.M.

MEETING AT 10:30 A.M.

**LUNCH: LASAGNA, CAESAR SALAD,
BREAD & DESSERT**

Cost is \$15.00 per person. Please send your payment to
Delaware Lioness at P.O. Box 233, Delaware, ON

NoL 1Eo by June 15, 2011.

**THE THEME IS APRONS – I BET THERE ARE A
LOT OF DIFFERENT ONES!!!!**

'A good friend will Come bail you Out of jail....
But a true friend will Be sitting next to you
Saying WE screwed Up, but we had fun!'



I

don't think our kids know what an apron is. The principal use of Grandma's apron was to protect the dress underneath because she only had a few. It was also because it was easier to wash aprons than dresses and aprons used less material. But along with that, it served as a potholder for removing hot pans from the oven. It was wonderful for drying children's tears, and on occasion was even used for cleaning out dirty ears.

From the chicken coop, the apron was used for carrying eggs, fussy chicks, and sometimes half-hatched eggs to be finished in the warming oven.

When company came, those aprons were ideal hiding places for shy kids.

And when the weather was cold Grandma wrapped it around her arms.

Those big old aprons wiped many a perspiring brow, bent over the hot wood stove.

Chips and kindling wood were brought into the kitchen in that apron.

From the garden, it carried all sorts of vegetables. After the peas had been shelled, it carried out the hulls.

In the fall, the apron was used to bring in apples that had fallen from the trees.

When unexpected company drove up the road, it was surprising how much furniture that old apron could dust in a matter of seconds.

(CON'T)



When dinner was ready, Grandma walked out onto the porch, waved her apron, and the men folk knew it was time to come in from the fields to dinner.

It will be a long time before someone invents something that will replace that 'old -time apron' that served so many purposes.

REMEMBER:

Grandma used to set her hot baked apple pies on the window sill to cool. Her granddaughters set theirs on the window sill to thaw.

They would go crazy now trying to figure out how many germs were on that apron.

I don't think I ever caught anything from an apron - but love...



For Better or For Worse®

by Lynn Johnston





A-1 LIONESS INFORMATION 2010-2011

Arkona Lioness (1986) Box 303 Arkona, ON NOM 1B0 Arkona Municipal Building (Old School) Smith St. 4 th Tues 7:00 pm President Jackie Ryan 519-828-3951 jryan@execulink.com Secretary Tina Nieuwenhuizen 519-828-3081	Aylmer Lioness (1983) Royal Canadian Legion, 211 John St. N. Aylmer 2 nd Thurs 7:00 pm President Liz Cavanagh 519-765-2229 cavanagh@amtelecom.net Secretary Helen Hall 519-773-5939 hhall@amtelecom.net
Belmont Lioness (1980) Box 480 Belmont, ON NOL 1B0 Belmont Community Centre, Belmont 2 nd Mon 7:00 pm President Pat McLellan 519-644-1956 carlandpat@sympatico.ca Secretary Sonja Kennedy 519-644-0841 sjkenndedy44@yahoo.ca	Delaware Lioness (1989) Box 233 Delaware, ON NOL 1E0 Delaware Community Centre, York St. Delaware 3 rd Tues, 7:00 pm President Anna Geene 519-652-2756 peterandannageene@rogers.com Secretary Sharon Oliver 519-473-5360 sgoliver@primus.ca
Glencoe Lioness (1987) Box 920, Glencoe, ON NOL 1M0 Glencoe Legion, 156 McRae St. Glencoe 2 nd Mon 6:30 pm President Joyce Feasey 519-287-3018 joycefeasey@yahoo.ca Secretary Anna Giles 519-693-4633 amgiles@explornet.com	Grand Bend Lioness (1976) Box 181, Grand Bend, ON NOM 1T0 Aunt Gussies, 135 Ontario St. Grand Bend 4 th Thurs 7:00 pm President Dawn White 519-238-6928 dandtwhite@hay.net Secretary Peg Seller 519-238-2775 pegseller@hay.net
London Central Lioness (1976) Needham's Reception House 513 Queens Ave. London 4 th Thurs 6:00 pm President Pauline Campbell 519-438-8053 pcampbell@execulink.com Secretary Arla Walsh 519-681-0443 awalsh55@yahoo.ca	London East Lioness (1979) Rivervalley Resturant 1600 Highbury Ave. N. London 3 rd Wed. 6:30 pm President Paula Bax 519-232-4493 Secretary Mona Cant 519-672-0467
Mount Brydges Lioness (1977) Caradoc Community Centre, Mount Brydges 4 th Mon 7:00 pm President Ev Crisp 519-666-3072 Secretary Carrol Vincent 519-246-9948	Port Stanley Lioness (1977) Box 2, Port Stanley ON N5L 1J4 Royal Canadian Legion, Port Stanley 2 nd Wed 6:45 pm President Cecile St. Amand 519-782-7846x189 wps@rogers.com Secretary Sherry Wismer 519-782-3869 wismer@sympatico.ca
South Windsor Lioness (1981) The Lumberjack Restaurant, 475 Tecumseh Rd. E Windsor 1 st Wed 7:00 pm President Barbara Bruette 519-966-2412 babsm@hotmail.com Secretary Robbie Matthews 519-735-9218 smathews12@cogeco.ca	Springfield Lioness (1981) Box 179, Springfield, ON NOL 2J0 St. John's United Church, Springfield 3 rd Thurs 7:30 pm (<i>call secretary to confirm dinner mtg</i>) President Laurie Bartlett 519-842-5740 tillybart222@yahoo.ca Secretary Rosemary Kennedy 519-773-2751 rkennedy@wmic.ca
Tilbury Lioness (1983) Box 388 Tilbury, ON NOP 2L0 Leisure Centre Seniors Centre 10 Canal St. W. Tillbury 2 nd Mon 7:00 pm (no dinner) President Dianne Phelps 519-682-3437 discc@live.com Secretary Rhonda Morris 519-682-4063 threemoboy@hotmail.com	Wheatley Lioness (1985) Box 693 Wheatley, ON NOP 2P0 Wheatley Legion 1 st Mon 7:00 pm President Judy Malott 519-825-4057 ronaldmalott@sympatico.ca Secretary Trudy Brown 519-825-3054 trudybrown4@sympatico.ca
Wyoming Wyettes (1978) Box 238 Wyoming, ON NON 1T0 Lions Hall, 554 Main St. Wyoming 3 rd Mon 7:30 pm (dinner every other month 6:30 pm) President Carol Gardiner 519-845-0479 carolgardiner15@hotmail.com Secretary Barb Classen 519-882-4059 tclassen@sympatico.ca	